



Charity No. 1201440

# MARKET HARBOROUGH

## 1st Wednesday every month

2026

7th Jan, 4th Feb, 4th Mar, 1st Apr  
6th May, 3rd Jun, 1st Jul, 5th Aug  
2nd Sept, 7th Oct, 4th Nov, 2nd Dec

Market Harborough Methodist Church  
Northampton Road  
Market Harborough, LE16 9HE

**1:30PM - 3:30PM**

## Our Hub

**Provides a focal point for the local community affected by cancer.**

Our cancer hub is a welcoming community space, providing access to trusted information and support for people affected by any type of cancer from diagnosis, through treatment and beyond.

The Hub offers opportunities to connect with other charities, community groups, and healthcare professionals, bringing together a wide range of information, activities, and services tailored to support cancer patients and their families. It's also a space for people to come together, share experiences, exchange knowledge, and speak with others in similar situations over a comforting cup of tea.

Everyone is welcome, no referral needed so don't struggle alone. The Cancer Hub is here to provide a listening ear, friendship, and social support whenever you may need it.

## Who are we?

Cancer Active Recovery Support (C.A.R.S.) provides meaningful ways for people affected by cancer to connect with others facing similar challenges, creating a supportive and informative network. Through cancer-specific programmes, workshops, and support services, we help promote social, physical, and mental well-being.

We support individuals and their loved ones throughout the cancer journey, helping to rebuild confidence, boost self-esteem and improve quality of life.

# CANCER SUPPORT HUBS

Support those facing  
cancer.  
Scan to donate to  
your local Cancer Hub  
strengthening our  
community of care.



## Contact Us

☎ 0300 365 1440 ✉ [info@recoverysupport.org.uk](mailto:info@recoverysupport.org.uk)  
🌐 [www.recoverysupport.org.uk](http://www.recoverysupport.org.uk)

# LOCATION OF SUPPORT HUBS

## HINCKLEY

**Hope Community Church**  
**Deveron Way, Hinckley**  
**LE10 0XD**

1st Monday of every month, 10AM-12PM

5th Jan	6th Jul
2nd Feb	3rd Aug
2nd Mar	7th Sept
13th Apr*	5th Oct
11th May*	2nd Nov
1st Jun	7th Dec

\*Please note the dates in April and May are out of sequence due to Public Holidays

## LOUGHBOROUGH

**The Arc Community Centre**  
**22 Knox Road**  
**Loughborough, LE11 2UP**

3rd Thursday of every month, 10AM-12PM

15th Jan	16th Jul
12th Feb*	20th Aug
19th Mar	17th Sept
16th Apr	15th Oct
21st May	19th Nov
18th Jun	17th Dec

\*Please note the date in February is out of sequence due to a Public Holiday

## MOIRA

**Ashby Wouds Community Hub**  
**Ashby Road, Moira**  
**Swadlincote, DE12 6DZ**

1st Friday of every month, 10AM-12PM

9th Jan*	3rd Jul
6th Feb	7th Aug
6th Mar	4th Sept
17th Apr*	2nd Oct
1st May	6th Nov
5th Jun	4th Dec

\*Please note the dates in January and April are out of sequence due to Public Holidays

## MELTON MOWBRAY

**Hope Centre**  
**42-44 Nottingham Street**  
**Melton Mowbray, LE13 1NW**

4th Friday of every month, 10AM-12PM

23rd Jan	24th Jul
27th Feb	28th Aug
27th Mar	25th Sept
24th Apr	23rd Oct
22nd May	27th Nov
26th Jun	18th Dec*

\*Please note the date in December is out of sequence due to Public Holidays

## MARKET HARBOROUGH

**Market Harborough**  
**Methodist Church**  
**Northampton Road, Market**  
**Harborough, LE16 9HE**

1st Wednesday of every month, 1.30PM-3.30PM

7th Jan	1st Jul
4th Feb	5th Aug
4th Mar	2nd Sept
1st Apr	7th Oct
6th May	4th Nov
3rd Jun	2nd Dec

## SCAN ME



For more information head to our website

## Leicester City Information Stations



Our Information Stations, available in various locations across Leicester City, provide friendly support and trusted information whenever you need it. Our team can help you access resources, answer enquiries, and signpost you to the right services. Locations and times can change each month, so simply scan the QR code to view our calendar to find your nearest Information Station location.